



10TH ANNUAL CONFERENCE

KEYNOTE

Sonja Lyubomirsky

Feeling Happy and Feeling Loved

What I Learned About Increasing
Well-Being From 36 Years
of Happiness Science



MAY 29-31, 2026

CLAREMONT GRADUATE
UNIVERSITY

CLAREMONT, CA

**Claremont
Flourishing Center**
 Claremont Graduate University



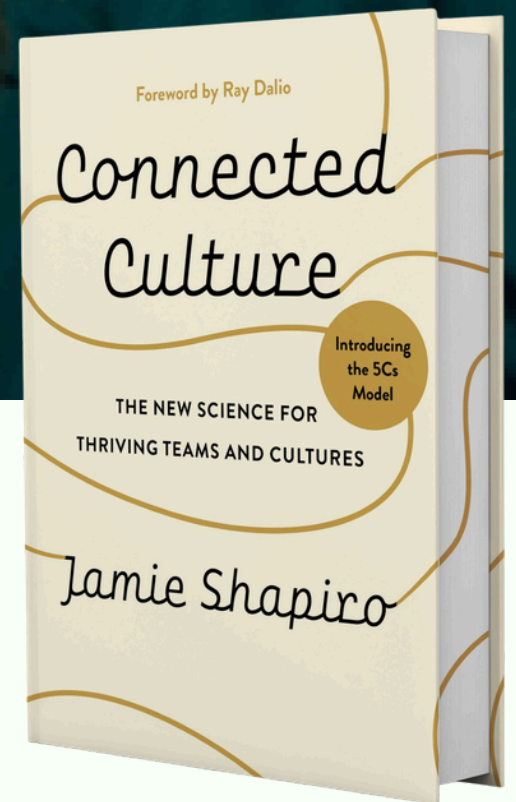
10TH ANNUAL CONFERENCE

INVITED SPEAKER

Jamie Shapiro

The Light Within Leadership

How Connection Unlocks Trust, Fulfillment, and High Performance



MAY 29-31, 2026

CLAREMONT GRADUATE UNIVERSITY

CLAREMONT, CA





10TH ANNUAL CONFERENCE

INVITED SPEAKER

Saida Heshmati

Feeling Loved Across Cultures

Learn How Everyday Expressions of
Love Shape Connection and Well-Being



MAY 29-31, 2026

CLAREMONT GRADUATE
UNIVERSITY

CLAREMONT, CA

**Claremont
Flourishing Center**
 Claremont Graduate University



10TH ANNUAL CONFERENCE

INVITED SPEAKER

Jessica Diaz

Psychological Safety Isn't Neutral

Identity, Power, and the
Conditions for Flourishing



MAY 29-31, 2026

CLAREMONT GRADUATE
UNIVERSITY

CLAREMONT, CA

**Claremont
Flourishing Center**
 Claremont Graduate University



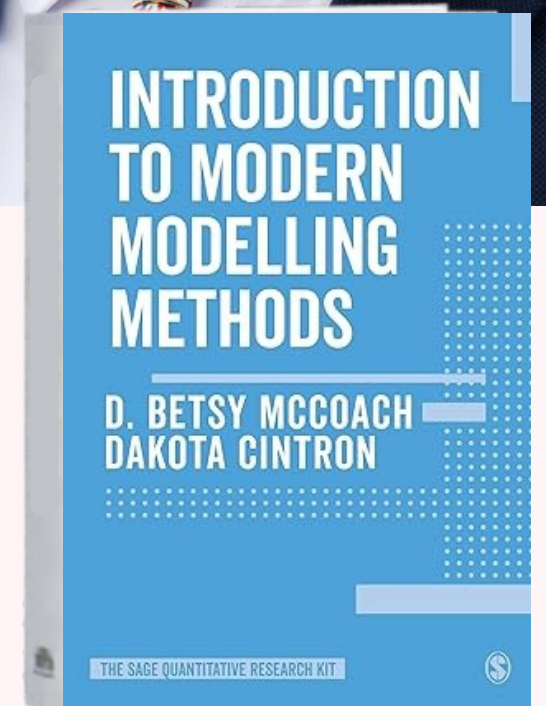
10TH ANNUAL CONFERENCE

INVITED SPEAKER

Dakota Cintron

Social Foundations of Flourishing and Health

Asymmetry, Loneliness, and Wellbeing
Across the Adult Lifespan



MAY 29-31, 2026

CLAREMONT GRADUATE
UNIVERSITY

CLAREMONT, CA

**Claremont
Flourishing Center**
 Claremont Graduate University



10TH ANNUAL CONFERENCE

INVITED SPEAKER

Jessica DeHart & Emily Cauble



From Surviving to Thriving

A PERMAH-Guided Coaching Approach
in Breast Cancer Survivorship



MAY 29-31, 2026

CLAREMONT GRADUATE
UNIVERSITY

CLAREMONT, CA

**Claremont
Flourishing Center**
 Claremont Graduate University



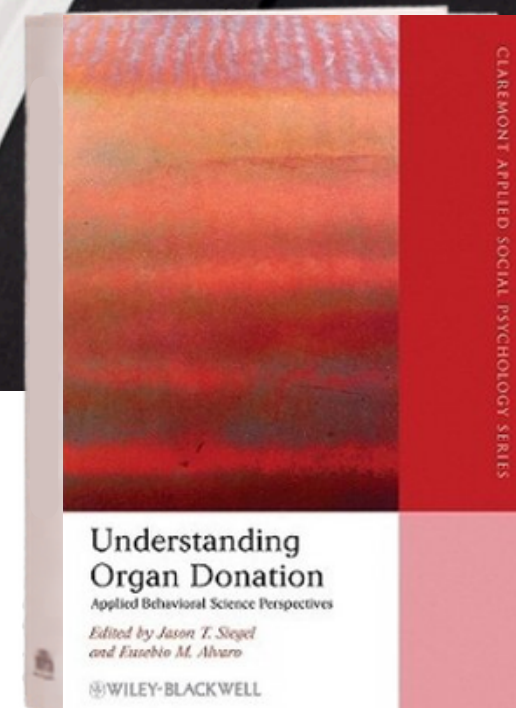
10TH ANNUAL CONFERENCE

INVITED SPEAKER

Jason T. Seigel

Positive Emotion Infusions (PEIs), Depression, and Help Seeking

The Origin of the PEI Approach, its Potential for Success, and the Broadening of the Build



MAY 29-31, 2026

CLAREMONT GRADUATE UNIVERSITY

CLAREMONT, CA

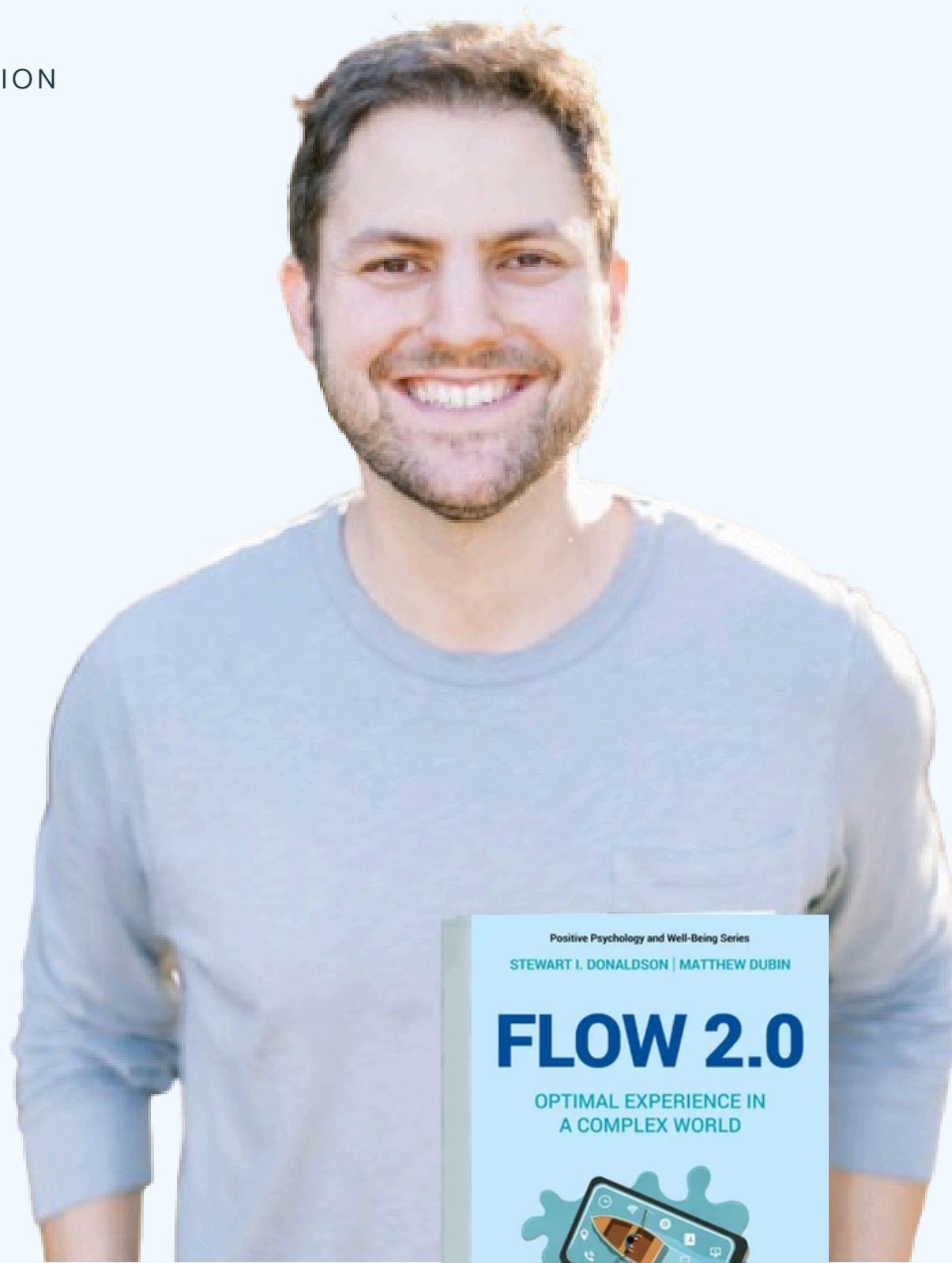
Claremont Flourishing Center
Claremont Graduate University



10TH ANNUAL CONFERENCE

INVITED SPEAKER

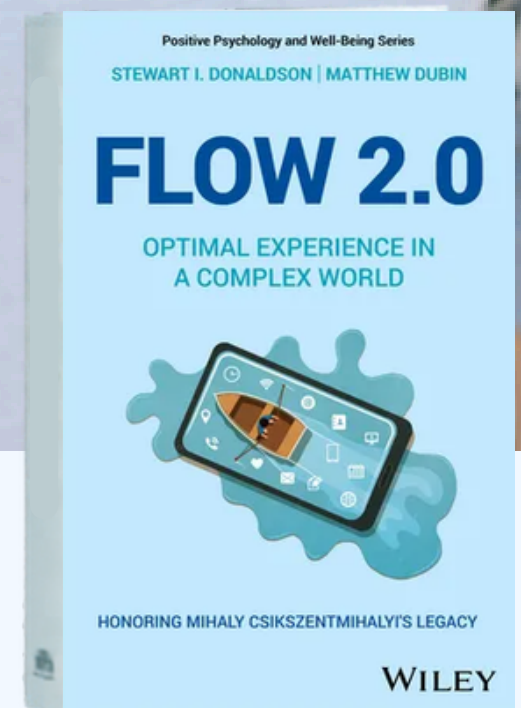
Matt Dubin



Flow 2.0

Optimal Experience
in a Complex World

Learn How to be Fully Engaged in
Your Life and Flourish in Complex
and Dynamic Environments



MAY 29-31, 2026

CLAREMONT GRADUATE
UNIVERSITY

CLAREMONT, CA





10TH ANNUAL CONFERENCE

INVITED SPEAKER

Shaun Tomson

Finding Purpose in Turbulent Times

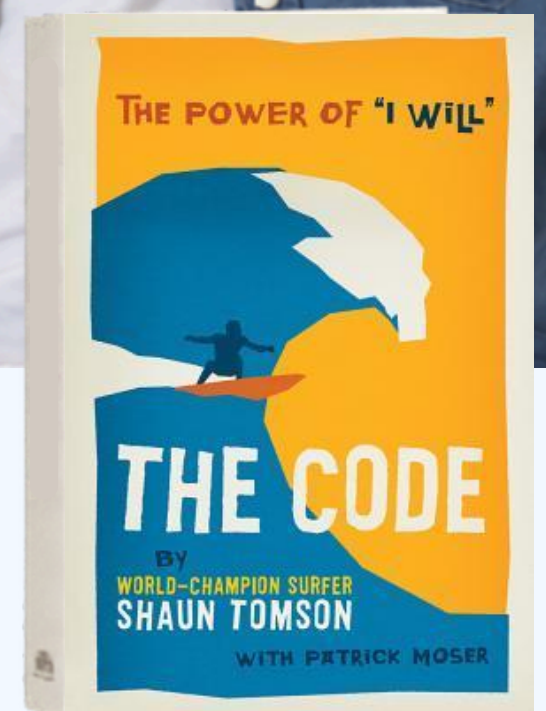
World Surf Champion, Author, and
Leadership Expert Introduces The
Code to Designing Your Life



MAY 29-31, 2026

CLAREMONT GRADUATE
UNIVERSITY

CLAREMONT, CA



**Claremont
Flourishing Center**
 Claremont Graduate University