



8TH ANNUAL CONFERENCE
WESTERN POSITIVE
PSYCHOLOGY
ASSOCIATION
March 22-24, 2024

The Science of Flourishing: Moving from Surviving to Thriving

The conference will focus on what enables us to be at our best, make the most of our lives, and live them to the fullest - despite the stresses and challenges we all face.

WPPA is dedicated to creating a collaborative scientific community of faculty, students, scholars, and practitioners to advance and support the field of positive psychology.



WPPA

Western Positive Psychology Association

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8TH ANNUAL WPPA CONFERENCE IN ALBUQUERQUE, NEW MEXICO

In a WPPA first, the annual conference will be held at the historic University of New Mexico, in Albuquerque, New Mexico. Albuquerque is one of the oldest cities in the United States and visiting allows you to experience the authentic Southwest. Albuquerque boasts a unique multicultural history and heritage combining Native American, Hispanic, and US cultures. It is the home of The International Balloon Fiesta, a growing number of movie studios and television shows, like Breaking Bad, and the Center for Applied Positive Psychology - which makes Albuquerque a wonderful place to “break good”!

You will always know you’re someplace special; whether you’re eating world famous green chile at a traditional New Mexican restaurant, riding the 3 mile Tram to the peak of the Sandia mountains, visiting one of the shops and galleries at the historic Old Town, enjoying world-class performing and visual arts, or hiking, biking, and playing golf in the glorious high desert sun. Nowhere is the confluence of past and present more dramatic or enchanting than in Albuquerque, where the modern city skyline is set against the backdrop of the stunning mountain ranges and endless, timeless, and colorfully fresh skies.

